

LIFENET INTERNATIONAL 2018 ANNUAL REPORT

TRANSFORMING AFRICAN HEALTHCARE



LETTER FROM THE PRESIDENT

Ending poverty and hunger around the world has been the driving passion of my life for more than 35 years. As the new president of LifeNet International, I am very excited about the significant impact that LifeNet is having in East and Southern Africa and driven to see that impact grow and spread throughout the continent so that every vulnerable woman, man, and child has the opportunity to live a healthy and whole life.

We are honored to share with you this report on LifeNet's work in 2018. Last year, we expanded our activities to the country of Malawi, grew the LifeNet network in our four countries from 102 to 130 health facilities, and were instrumental in dramatically improving the quality of over 1,534,989 health center patient visits—more than ever before.

Since 2012, LifeNet has improved the quality of care of more than 6 million patient visits. But there are millions more who need our help! Every day, people in sub-Saharan Africa are suffering from preventable diseases and deaths. In response, LifeNet is making a difference by equipping and empowering the existing health workforce in Africa with the knowledge, tools, and encouragement they need to save and improve the lives of their patients.

We long for a world where every child has a mother to run home to, where friends are not lost to malaria or preventable infections, and where mothers everywhere celebrate their child's 5th birthday with joy and not fear. All of us at LifeNet are dedicated to seeing that dream come true for the women, children, and men we serve in Africa. Thank you for giving us the opportunity to share this dream with you through the pages of our 2018 Annual Report. And thank you for partnering with us in the year ahead!

With deep gratitude,

Dave Evans
President



THE LIFENET MISSION



We transform
African health centers to provide
quality, sustainable healthcare.



“I love seeing the difference LifeNet is making in people’s lives. With each health facility we start from scratch and as we progress with the trainings, you can see a transformation in the facility.”

- Olive Birungi, LifeNet Nurse Trainer





6,282,136

PATIENT VISITS IMPROVED
SINCE 2012



LIFENET IMPACT IN 2018

1,534,989



PATIENT VISITS
IMPROVED



3



SHIPMENTS OF BIO-
MEDICAL EQUIPMENT
DELIVERED TO PARTNERS



772



HEALTH WORKERS
TRAINED



818



ADMINISTRATIVE
STAFF TRAINED



3,217



HOURS OF IN-
PERSON TRAINING



ALL WOMEN DESERVE RESPECTFUL CARE

Through LifeNet trainings, Sister Harriet and her fellow health workers learned the importance of treating each patient, and particularly women, with respect, dignity, and compassion.

One element of this training emphasizes the importance of protecting patient privacy while providing care. In a visit not long after receiving this training, Sister Harriet was excited to tell LifeNet Trainer Simon that after learning about the importance of preserving patient dignity through proper privacy, her facility decided to save money to create two doors for their labor ward and examination room.

“This was because of the advice from LifeNet,” Sister Harriet said. She told Simon that patients have expressed gratitude for the doors that now provide them privacy while undergoing examinations and while laboring and giving birth.

All women deserve respectful care and our partner health workers in Uganda are making incredible strides in providing the care women deserve, especially during the vulnerable experience of giving birth.



THE LIFENET 10-10-10 VISION FOR 2023



10 COUNTRIES
OF OPERATION

\$10 MILLION
IN ANNUAL REVENUE

10 MILLION
PATIENT VISITS IMPACTED ANNUALLY

Every person should have the chance to live a healthy and whole life. Our vision is to see local health facilities and the local health workforce trained and equipped to make this dream a reality for their communities.



KNOWLEDGE SAVES LIVES

Sophrone Bukuru is a LifeNet Nurse Trainer in the DRC. During a recent visit to the maternity ward in St. Pie X Health Center, Sophrone met a midwife and a mother who had recently given birth. The mother was suffering from a postpartum hemorrhage and the midwife had applied a cold accumulator vial to the woman's abdomen to stop the bleeding. On-site, in the moment, Sophrone quickly taught the midwife how to properly treat the postpartum hemorrhage with a uterine massage and oxytocin. The bleeding stopped and the mother was stabilized.

Postpartum hemorrhage is the leading cause of death for mothers in low-income countries, largely because health workers do not have the knowledge and tools to properly treat this common delivery complication. LifeNet trainers like Sophrone have the privilege of empowering health workers to provide life-saving care to their patients right when they need it. After returning to the main LifeNet office, Sophrone reflected on the event: "I was encouraged by the speed of the midwife who saved the life of this mother by agreeing to put into practice what I had taught her." Sophrone's experience is not atypical for LifeNet trainers. Trainers frequently witness the power and impact of putting practical, evidence-based knowledge and tools into the hands of local health workers: quality of care improves, patients are healed, and lives are saved.



THE LIFENET MODEL

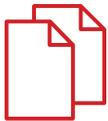
LOCAL SOLUTIONS TO LOCAL PROBLEMS

The LifeNet Model strengthens Africa's existing health workforce by providing the following services to health center partners.



MEDICAL TRAINING

LifeNet provides in-person training and mentoring in 5 modules of clinical care best practices.



MANAGEMENT TRAINING

LifeNet provides 5 modules of in-person training in financial, human resources, and administrative best practices.



PHARMACEUTICAL SUPPLY

LifeNet provides health center partners with access to quality medicines at affordable prices.



EQUIPMENT SUPPLY

LifeNet provides partners with essential medical equipment and supplies.



SUPPORTIVE SUPERVISION & QUALITY ASSURANCE

LifeNet provides ongoing, in-person, rigorous monitoring and evaluation alongside all interventions, ensuring long-term behavior change.

“A midwife reported that previously she would refer every mother before trying to assess what was wrong. After the LifeNet lessons on maternal care, she feels more confident and her facility was able to cut down on their unnecessary referrals. This is important because many mothers die in the ambulance on the way to the hospital. By reducing the number of unnecessary referrals, they are reducing the number of maternal mortalities.”

- James Kaggwa, LifeNet Nurse Trainer



38,176

SAFE NEWBORN
DELIVERIES IN 2018

WHERE WE WORK

DRC

- 22 FACILITIES
- 330,843 CATCHMENT POPULATION

Uganda

- 52 FACILITIES
- 980,000 CATCHMENT POPULATION

Burundi

- 44 FACILITIES
- 934,068 CATCHMENT POPULATION

Malawi

- 12 FACILITIES
- 380,843 CATCHMENT POPULATION

2,625,754 TOTAL CATCHMENT POPULATION FOR LIFENET PARTNER FACILITIES



“Since we have learned the newborn resuscitation technique, I have noticed that our health facility staff no longer struggles with resuscitating a baby experiencing fetal distress.”

*- Masembe Wendano, Health Worker,
Kabuye Health Center, DRC*



SPECIAL PROJECT

TRANSFORMING NON-COMMUNICABLE DISEASE CARE IN UGANDA

LifeNet conducted a successful non-communicable disease pilot in Uganda, in partnership with PCI and Letshego Financial Services. This pilot program is the first of its kind in the country and included:



Screening Ugandans for hypertension & type II diabetes



Empowering community health facilities with the knowledge & tools they needed to provide long-term care for these two non-communicable diseases



Non-communicable diseases cause

15 MILLION

premature deaths every year.

80%

of those deaths occur in low-to-middle-income countries.

“There has been an improvement in NCD care, treatment regimen, classifications of disease progression and so much more among all the health workers at the health center where I work. The health workers have a good understanding of NCDs thanks to the trainings and the ongoing talks we have with LifeNet staff.”

- Mukasa Jeriva, Health Worker in Nkoni Health Center



"We used to have issues when orders were placed for drugs because we did not keep track of our monthly consumption. Ever since the training on pharmaceutical management, we've been able to calculate and ascertain how many drugs we'll need. We learned how to calculate the quantity to order, reducing our number of stock-out days."

*- Immaculate Ayuru, Pharmacy Manager at
Watoto Health Center, Uganda*



LIFENET MAXIMIZES IMPACT THROUGH COST-EFFECTIVE TRANSFORMATION



TOTAL
COST-PER-PATIENT-VISIT
IMPROVED

\$1.20



"CDS Nyagihotora Health Center was in a dire situation because there was a break-in at the supplier where they collected medicines. The in-charge at Nyagihotora called LifeNet to ask if our staff could bring them medicines during our training visit. When we arrived, the health worker in charge of the pharmacy said, 'We were in a catastrophic situation, and you have been a faithful friend in a difficult time. Thank you.'"

- Belise Horimbere, LifeNet Management Trainer



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MEDICINE DELIVERIES IN 2018



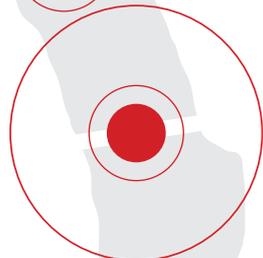
2009-2012

Researching & prototyping solutions to the African healthcare crisis



2012

LifeNet launches the LifeNet Model of partnership with 10 faith-based health facilities in Burundi



2015

LifeNet expands to Uganda



2016

LifeNet expands to the DRC and reaches 1 million patient visits per year

A TIMELINE OF TRANSFORMATION



2017

LifeNet expands to Malawi



2018

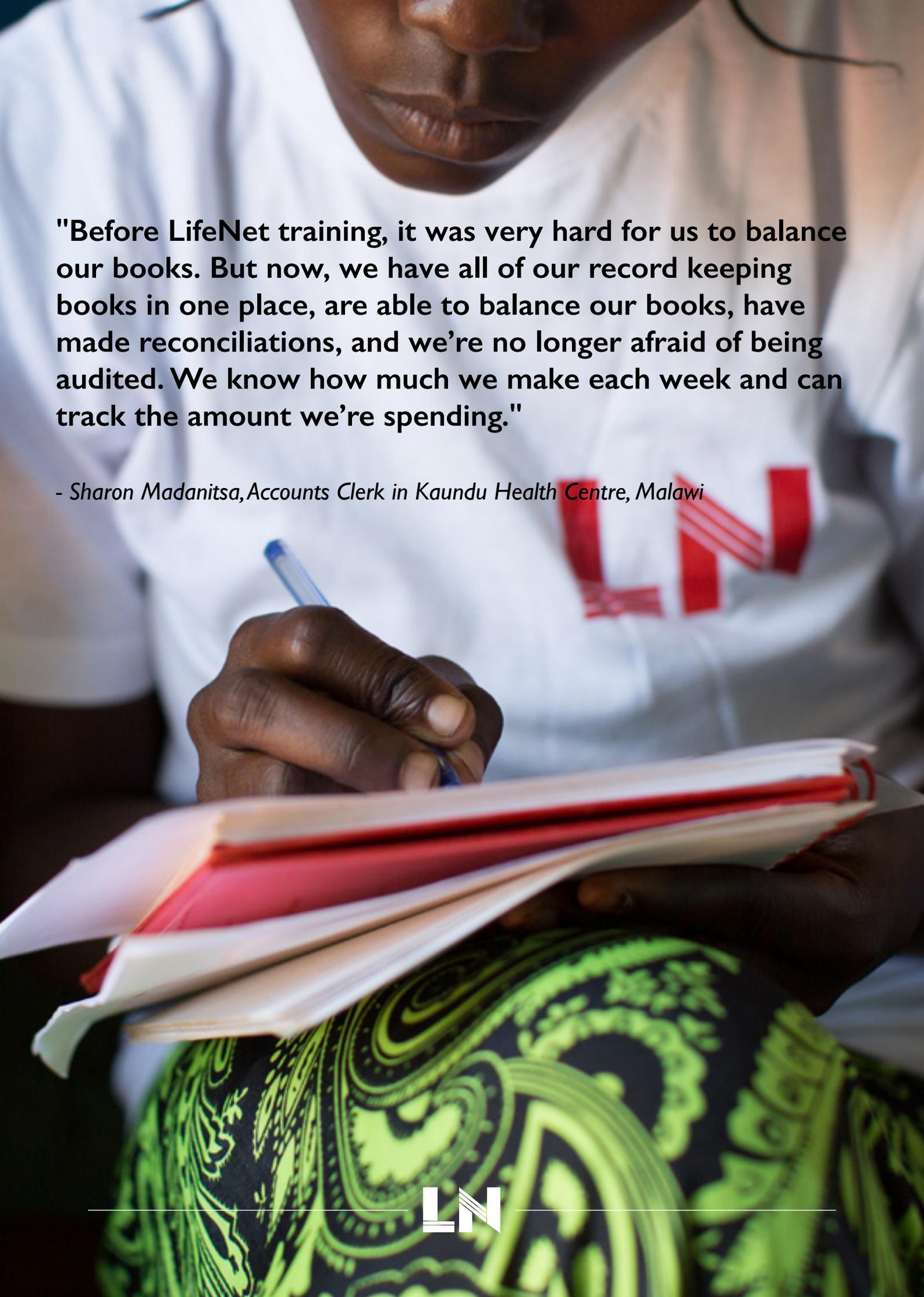
LifeNet grows its network to 130 health facilities, impacting 1.5 million patient visits per year



2019

LifeNet continues to expand its partner network and establishes an aggressive five-year growth plan.



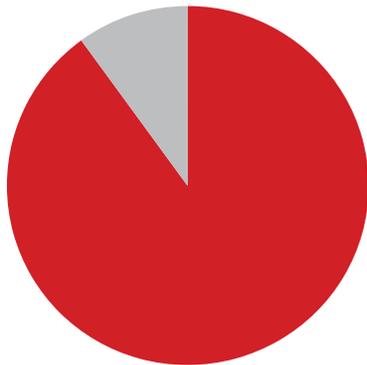


"Before LifeNet training, it was very hard for us to balance our books. But now, we have all of our record keeping books in one place, are able to balance our books, have made reconciliations, and we're no longer afraid of being audited. We know how much we make each week and can track the amount we're spending."

- Sharon Madanitsa, Accounts Clerk in Kaundu Health Centre, Malawi

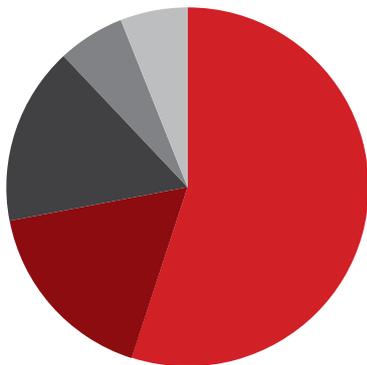


FINANCIALS



TOTAL INCOME \$1,960,998

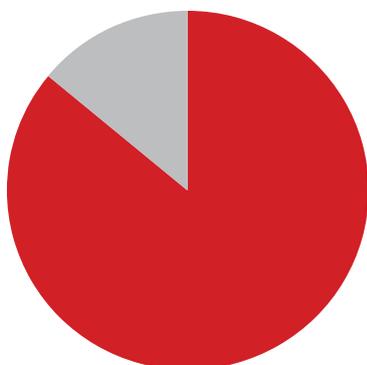
■ Program service revenue	\$141,064
■ Total other income	\$1,819,934



TOTAL EXPENSES \$1,838,085

■ Uganda	\$625,982
■ Burundi	\$425,165
■ USA	\$435,175*
■ DRC	\$158,678
■ Malawi	\$193,085

**Of this amount, \$112,403 is in-kind services*



EXPENSES

■ Programs	86%
■ Support	14%

-2018 unaudited financials-



**WE COULD NOT DO THIS
WITHOUT YOU**

THANK YOU FROM THE ENTIRE LIFENET TEAM!



Invest in local solutions
to the African healthcare crisis.

LNinternational.org
contact@LNinternational.org